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ABSTRACT

This guide presents strategies for increasing choice opportunities for people with moderate to severe developmental disabilities. Because choice opportunities are easily overlooked, these strategies are intended to provide a systematic way to ensure that simple, but important, daily choices are made available. The guide describes basic principles of choice-making, explains how to teach choice-making skills to the passive learner, describes how to build in multiple choice-making opportunities within daily routines, introduces self-scheduling as a method for helping people plan their day, and addresses common questions and concerns about choice-making. (Contains 18 references.) (DB)

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